Longitudinal Preterm Cerebellar Volume: Perinatal and Neurodevelopmental Outcome Associations

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Abstract

Impaired cerebellar development is an important determinant of adverse motor and cognitive outcomes in very preterm (VPT) infants. However, longitudinal MRI studies investigating cerebellar maturation from birth through childhood and associated neurodevelopmental outcomes are lacking. We aimed to compare cerebellar volume and growth from term-equivalent age (TEA) to 7 years between VPT (< 30 weeks' gestation or < 1250 g) and full-term children; and to assess the association between these measures, perinatal factors, and 7-year outcomes in VPT children, and whether these relationships varied by sex. In a prospective cohort study of 224 VPT and 46 full-term infants, cerebellar volumes were measured on MRI at TEA and 7 years. Useable data at either time-point were collected for 207 VPT and 43 full-term children. Cerebellar growth from TEA to 7 years was compared between VPT and full-term children. Associations with perinatal factors and 7-year outcomes were investigated in VPT children. VPT children had smaller TEA and 7-year volumes and reduced growth. Perinatal factors were associated with smaller cerebellar volume and growth between TEA and 7 years, namely, postnatal corticosteroids for TEA volume, and female sex, earlier birth gestation, white and deep nuclear gray matter injury for 7-year volume and growth. Smaller TEA and 7-year volumes, and reduced growth were associated with poorer 7-year IQ, language, and motor function, with differential relationships observed for male and female children. Our findings indicate that cerebellar growth from TEA to 7 years is impaired in VPT children and relates to early perinatal factors and 7-year outcomes.

Keywords 
Brain · Cerebellum · Longitudinal studies · Outcome assessment · Premature birth · Magnetic resonance imaging

Electronic supplementary material The online version of this article (https://doi.org/10.1007/s12311-018-0946-1) contains supplementary material, which is available to authorized users.

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Published online: 08 June 2018
Cerebellar abnormalities, including hemorrhage and impaired development, are increasingly recognized as complications of very preterm (VPT) birth [1, 2], with mounting evidence for subsequent adverse effects on motor and cognitive outcomes [3–7]. Studies using volumetric MRI analyses have shown that cerebellar volume is smaller in VPT compared with term-born infants [8–16]. These volume changes have been attributed to prematurity itself [8, 14], as well as to the presence of both cerebral [8–13, 16] and cerebellar injury [9, 15, 16]. Most studies have been cross-sectional, and while they have provided valuable insight into cerebellar development, little is known about the relationships between neonatal cerebellar abnormality, the cerebellum’s subsequent maturational trajectory, and the long-term neurodevelopmental impairments commonly observed in VPT infants.

The vulnerability of the immature cerebellum is well established and appears to be related to the cerebellum’s dynamic growth during the last trimester of gestation [2]. However, few studies have examined the cerebellum’s growth trajectory after term equivalency in VPT infants. Parker and colleagues investigated cerebellar maturation between adolescence and adulthood in ex-preterm individuals [6], and more recently Lee and colleagues reported on the trajectory of cerebellar growth from infancy to 4 years of age following preterm birth [17]. Both studies highlighted the cerebellum’s maturational vulnerability and its association with functional impairment at different developmental stages. We have previously reported smaller cerebellar volumes in VPT infants compared with full-term controls at term-equivalent age (TEA), with a reported smaller cerebellar volumes in VPT infants compared with full-term controls at term-equivalent age (TEA), with a positive association between cerebellar volume at TEA and language and motor scores at 2 years, even after adjustment for known perinatal risk factors [18]. The extent to which these early findings correspond to longer-term neurodevelopmental outcomes, however, remains controversial [19, 20].

The first aim of this study was to compare cerebellar volume and growth between VPT and full-term children, from TEA to age 7 years. We hypothesized that VPT children would display smaller cerebellar volumes compared with full-term children, in the neonatal period and at age 7 years, and reduced growth over this period. Secondly, we aimed to explore perinatal factors associated with cerebellar development from TEA to 7 years in VPT children, including cerebral injury, neonatal therapies, and environmental factors. We hypothesized that these perinatal risk factors would be associated with impaired cerebellar development in VPT children from TEA to 7 years. Thirdly, we aimed to determine whether reduced growth and smaller cerebellar volumes at either age would be associated with neurodevelopmental outcomes at 7 years. We hypothesized that smaller cerebellar volumes in the neonatal period, at age 7 years, and reduced cerebellar growth would be associated with motor and cognitive impairments at age 7 years in VPT children. Due to the established sex differences in neurodevelopmental outcomes in VPT children [22], we sought to investigate sex differences in relationships between cerebellar development and 7-year neurodevelopmental outcomes, hypothesizing that male and female VPT children would demonstrate differential functional vulnerabilities associated with reduced cerebellar development.

Materials and Methods

Participants

Participants were VPT and full-term infants born between April 11, 2001 and April 26, 2004 and recruited as part of a prospective, longitudinal, observational cohort study conducted at The Royal Women’s Hospital in Melbourne, Australia, and consisted of 224 VPT infants (< 30 weeks’ gestational age (GA) or < 1250 g birth weight) and a concurrent control group of 46 infants born full-term (37–42 weeks’ GA) and of normal birth weight (≥2500 g) (Fig. 1). Eligible VPT infants included those born without congenital abnormalities or syndromes known to affect development and who survived the neonatal period. MRI scans were acquired at TEA with infants who had an MRI scan between 37 and 43 weeks’ postmenstrual age (PMA) included in the current study. Children returned for follow-up MRI and neurodevelopmental assessment at 7 years of age at the Royal Children’s Hospital, Melbourne, Australia (VPT, n = 198; full-term, n = 43). Cerebellar TEA volumes suitable for analysis were generated for 201 VPT infants and 41 full-term infants (Fig. 1). At the 7-year follow-up, usable MRI data were collected for 114 VPT (51%) children and 29 full-term (63%) children; 108 VPT children (48%) and 27 full-term children (59%) had usable MRI data at both ages (Fig. 1). Usable MRI data at either infancy or 7 years were collected for 207 VPT children (98%) and 43 full-term children (93%).

MRI

Neonatal MRI brain scans were acquired during natural sleep at TEA using a 1.5-T General Electric MRI scanner (Signa LX Echospeed System; General Electric, Fairfield, Connecticut) at the Royal Children’s Hospital, Melbourne, Australia. Coronal T2-weighted, dual-echo, fast spin-echo images with
interleaved acquisition were acquired with slice thickness 1.7 to 3 mm; repetition time 4000 ms; echo times 60 ms (first echo) and 160 ms (second echo); field of view 22 × 16 cm²; and matrix 256 × 192 interpolated to 512 × 512.

Follow-up MRI scans were acquired at 7 years using a 3-T Siemens MAGNETOM TrioTim system (Siemens, Erlangen, Germany) at the Royal Children’s Hospital, Melbourne, Australia. Sagittal, 3-dimensional, rapid gradient-echo $T_1$-weighted images were acquired with slice thickness 0.8 mm, repetition time 1900 ms, echo time 2.27 ms, field of view 210 × 210 mm, and matrix 256 × 256.

Volumetric Segmentation

Neonatal cerebellar volumes were generated using manual segmentation of the $T_2$-weighted structural scans as previously described [10]. A semi-automated brain segmentation approach utilizing a 40-week infant template [23] was used to classify brain tissue into its various components, the sum of which generated values for intracranial volume (ICV) [10].

Seven-year cerebellar volumes were generated using automated segmentation of the $T_1$-weighted structural scans (FreeSurfer, version 4.4.0; http://surfer.nmr.mgh.harvard.edu) with manual editing. ICV, including white matter, cortical and subcortical gray matter, and cerebrospinal fluid, was also estimated for each subject using FreeSurfer. Cerebellar growth Z-scores were calculated for participants with data at both time-points, using the term control group’s mean cerebellar volume change from TEA to 7 years and standard deviation. ICV growth Z-scores were calculated similarly.
Perinatal and Sociodemographic Data

Perinatal data were obtained from chart review and sociodemographic information was obtained from a questionnaire completed by the child’s primary caregiver at the time of recruitment. Clinically relevant perinatal data included sex, birth GA, birth weight standard deviations score (BWSDS), intermittent positive pressure ventilation (IPPV) duration, infection (defined as either ≥1 episode of proven sepsis or necrotizing enterocolitis), postnatal corticosteroid exposure, morphine dose (mg/kg), and intraventricular hemorrhage (IVH) grade. IPPV duration was log-transformed to allow for better visualization. Total WMI, deep nuclear gray matter (DNGM) injury, and cerebellar abnormalities, which have previously been related to 7-year neurodevelopmental outcomes [24], were assessed on T2-weighted neurodevelopmental scans by an experienced neonatal neurologist independent of knowledge of long-term outcomes, based on an established scoring system [25].

7-Year Neurodevelopmental Assessment

At 7 years’ corrected age, children returned for an extensive follow-up assessment covering various neurodevelopmental domains including general intelligence, academic achievement, and motor functioning. Selected outcome measures relevant to this study are outlined below.

General intellectual functioning was assessed using the Full-Scale IQ (FSIQ) score of the four-subtest version of the Wechsler Abbreviated Scale of Intelligence (WASI) [26]. Verbal and performance IQ subdomains were also calculated.

Language ability was assessed using the Core Language Index (CLI) from the Clinical Evaluation of Language Fundamentals Fourth Edition (CELF-IV), Australian Standardized Edition [27]. Additionally, the following language subdomains were calculated and reported: auditory comprehension using the Receptive Language Index (RLI) and language production using the Expressive Language Index (ELI).

Attention was assessed using the Score! subtest from the Test of Everyday Attention for Children (TEA-Ch) [28], with performance determined by the number of correctly identified targets (maximum 10).

Working memory was assessed using the Backward Digit Recall subtest from the Working Memory Test Battery for Children (WMTB-C) [29], with performance based on the child’s ability to recall sequences of digits in the reverse order to that presented.

Motor function was assessed using the Movement Assessment Battery for Children (MABC2) [30] and included measurement of both gross and fine-motor skills, with three subscores (balance, manual dexterity, and aiming and catching) summed to give a total motor score.

Age standardized scores are reported for the WASI, CELF-IV, WMTB-C (all mean = 100, SD = 15), TEA-Ch, and MABC2 (both mean = 10, SD = 3). Children’s ages were corrected for prematurity to avoid bias in test scores [31].

Statistical Analysis

Data were analyzed using SAS version 9.4 (SAS Institute Inc., Cary, NC) and STATA 13.1 (StataCorp, Texas, USA). To address the first aim of this study, cerebellar volumes and growth from TEA to 7 years were examined using a two-level linear mixed-effects model, which included a random intercept to capture correlations within repeated measures from participants. We also considered a three-level model accounting for correlations between multiple births but there was little evidence of clustering by family. The model included main effects of group and time-point, and an interaction term between group and time-point to assess whether cerebellar growth trajectories differed between VPT and full-term infants. All participants with usable MRI data at either TEA or 7 years were included in this analysis. Primary analyses were adjusted for sex and postmenstrual age at scan, and secondary analyses further adjusted for ICV to account for potential inter-subject variability in head size. Analyses were initially conducted for all participants, and then performed separately for males and females to examine differential effects of sex on cerebellar growth.

For the second aim, associations between perinatal risk factors and cerebellar volumes at TEA and 7 years were examined within the VPT group using linear regression models. Associations with cerebellar growth Z-scores were also evaluated for VPT infants who had data at both time-points. Analyses were initially performed separately for each predictor/outcome combination adjusted for postmenstrual age at scan, and subsequently adjusted for ICV.

For the third aim, associations between cerebellar volumes at TEA and 7 years, cerebellar growth, and neurodevelopmental outcomes in VPT infants were examined using linear regression. The analysis of cerebellar growth Z-score associations was restricted to infants with data at both time-points. Analyses were performed separately for each cerebellar measure, adjusted for sex and postmenstrual age at scan, and subsequently adjusted for ICV and maternal education; the latter due to its established association with cognitive achievement [32]. Models exploring associations between cerebellar growth and outcomes were further carried out separately in males and females.

The assumptions of normality and homoscedasticity of residuals in the regression models were assessed using quantile-quantile (Q-Q) plots and plots of residuals versus fitted values. There was no evidence for violations of either of these assumptions. All results are presented as regression coefficients with 95% confidence intervals and p values from two-tailed tests. Given the multiple associations tested for Aims 2 and 3, and the potential for false positives, results from these aims were corrected for multiple comparisons using the false discovery rate (FDR) method [33]. FDR correction was applied for each set of...
inferences, that is, within each time-point, and separately to primary and secondary analyses according to modern statistical practice [34]. Given the exploratory nature of this study, both uncorrected and FDR-corrected results are presented.

**Experimental Design**

Volumetric analyses and neurodevelopmental assessments were performed by neuroscientists and experienced assessors blinded to clinical history including prematurity. The sample size for the study was based on the size of the original cohort and the number of children with usable MRI data available; hence, there was no a priori sample size calculation.

**Results**

There were no differences in clinical characteristics between participants who had usable MRI data at TEA and those who did not. Clinical characteristics were generally similar between participants with usable MRI data at 7 years and those without, except that participants with MRI data had lower total neonatal WMI scores ($p < 0.001$) and less postnatal corticosteroid exposure ($p = 0.013$). Table 1 provides a summary of participant characteristics for subjects with usable MRI at either time-point. As expected, compared with the full-term group, the VPT group had a greater incidence of neonatal complications and a higher rate of multiple births. The full-term group was slightly older at the TEA scan than those born VPT, with a similar proportion of males. Compared with full-term infants, VPT infants had higher total WMI ($p < 0.001$) and DNGM injury ($p < 0.001$) scores; IVH was only observed in VPT infants. Cerebellar abnormality was present in 10 VPT and 3 full-term infants ($p = 0.575$) and comprised mostly of signal abnormality and small hemorrhages, all of which were punctate unilateral except for 1 VPT infant with punctate bilateral lesions. At 7-years, the VPT group performed more poorly than full-term controls in measures of IQ ($p < 0.001$), language ($p < 0.001$), working memory ($p < 0.001$), and motor ability ($p = 0.012$).

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>VPT ($n = 207$)</th>
<th>Full term ($n = 43$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perinatal data</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birth GA (weeks), mean (SD)</td>
<td>27.5 (1.9)</td>
<td>38.9 (1.2)</td>
</tr>
<tr>
<td>Birth weight (g), mean (SD)</td>
<td>969 (226)</td>
<td>3309 (490)</td>
</tr>
<tr>
<td>Postmenstrual age at MRI (weeks), mean (SD)</td>
<td>40.5 (1.1)</td>
<td>41.0 (1.2)</td>
</tr>
<tr>
<td>Weight at MRI (g), mean (SD)</td>
<td>3015 (535)</td>
<td>3483 (468)</td>
</tr>
<tr>
<td>Small for gestational age, $n$ (%)</td>
<td>18 (9)</td>
<td>1 (2)</td>
</tr>
<tr>
<td>Male sex, $n$ (%)</td>
<td>102 (49)</td>
<td>24 (56)</td>
</tr>
<tr>
<td>Multiple births, $n$ (%)</td>
<td>93 (45)</td>
<td>2 (5)</td>
</tr>
<tr>
<td>IPPV, $n$ (%)</td>
<td>155 (75)</td>
<td>1 (2)</td>
</tr>
<tr>
<td>Infection*</td>
<td>75 (36)</td>
<td>1 (2)</td>
</tr>
<tr>
<td>Total WMI score, mean (SD)</td>
<td>3.1 (2.1)</td>
<td>1.2 (1.2)</td>
</tr>
<tr>
<td>Total DNGM injury score, mean (SD)</td>
<td>0.9 (1.0)</td>
<td>0.3 (0.6)</td>
</tr>
<tr>
<td>Cerebellar abnormality†, $n$ (%)</td>
<td>10 (5)</td>
<td>3 (7)</td>
</tr>
<tr>
<td>IVH any grade, $n$ (%)</td>
<td>27 (13)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Grade 1–2, $n$ (%)</td>
<td>19 (9)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Grade 3–4, $n$ (%)</td>
<td>8 (4)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Postnatal corticosteroids, $n$ (%)</td>
<td>18 (9)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Morphine dose (mg/kg), mean (SD)</td>
<td>0.19 (0.65)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>7-year data</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age at MRI (years), mean (SD)</td>
<td>7.5 (0.3)</td>
<td>7.6 (0.2)</td>
</tr>
<tr>
<td>Full-scale IQ, mean (SD)</td>
<td>98 (13)</td>
<td>109 (13)</td>
</tr>
<tr>
<td>Verbal IQ, mean (SD)</td>
<td>99 (13)</td>
<td>108 (14)</td>
</tr>
<tr>
<td>Performance IQ, mean (SD)</td>
<td>98 (14)</td>
<td>110 (16)</td>
</tr>
<tr>
<td>Language ability, mean (SD)</td>
<td>94 (16)</td>
<td>109 (11)</td>
</tr>
<tr>
<td>Receptive language, mean (SD)</td>
<td>91 (15)</td>
<td>103 (11)</td>
</tr>
<tr>
<td>Expressive language, mean (SD)</td>
<td>97 (16)</td>
<td>111 (12)</td>
</tr>
<tr>
<td>Attention, mean (SD)</td>
<td>8 (4)</td>
<td>8 (3)</td>
</tr>
<tr>
<td>Working memory, mean (SD)</td>
<td>88 (15)</td>
<td>101 (17)</td>
</tr>
<tr>
<td>Motor function, mean (SD)</td>
<td>9 (3)</td>
<td>11 (3)</td>
</tr>
<tr>
<td>Balance, mean (SD)</td>
<td>10 (4)</td>
<td>12 (3)</td>
</tr>
<tr>
<td>Manual dexterity, mean (SD)</td>
<td>8 (3)</td>
<td>9 (3)</td>
</tr>
<tr>
<td>Aiming and catching, mean (SD)</td>
<td>11 (3)</td>
<td>12 (3)</td>
</tr>
</tbody>
</table>

* Defined as either ≥ 1 episode of proven sepsis or necrotizing enterocolitis; † mostly signal abnormality and small hemorrhages, all punctate unilateral except for 1 VPT infant with punctate bilateral lesions.

DNMG, deep nuclear gray matter; GA, gestational age; IPPV, intermittent positive pressure ventilation; IQ, intelligence quotient; IVH, intraventricular hemorrhage; PMA, postmenstrual age; SD, standard deviation; VPT, very preterm; WMI, white matter injury.
Linear mixed-effects models demonstrated differences in cerebellar volume between VPT and full-term infants at TEA and at 7 years, with the VPT group demonstrating smaller cerebellar volume at both time-points. These differences remained in models adjusting for ICV (Table 2). The effect of time (i.e., growth) also appeared to vary by group, with the VPT group showing slightly reduced growth than the full-term group, although this difference was attenuated in models adjusting for ICV. Fitting separate models for males and females demonstrated that while VPT males and females both had smaller cerebellums than full-term controls at TEA, this association was only observed for females at 7 years, with similar results in models adjusting for ICV. The effect of time also appeared to vary by group for females, but not males (Table 2, Fig. 2). Excluding children with cerebellar anomalies had little effect on any of these findings (Supplementary Table 1).

**Perinatal Associations**

Within the VPT group, cerebellar TEA volume was positively associated with birth weight SDS, and negatively associated with IPPV duration, infection, total DNGM score, postnatal corticosteroid exposure, and morphine dose (Table 3). With the exception of birth GA and morphine dose, these associations remained statistically significant following correction for multiple comparisons. In models adjusting for ICV, only the association with postnatal corticosteroid exposure remained, although this weakened after correction for multiple comparisons \( p = 0.009; \text{FDR-corrected} \ p (p_{\text{FDR}}) = 0.09 \) (Fig. 3a, Supplementary Table 1).

At 7 years of age, smaller cerebellar volume was observed in females than males, in children born at earlier GA, and in children with higher WMI and DNGM scores (Table 3). These associations remained significant following correction for multiple comparisons. In models adjusting for ICV, only the associations with birth GA and total WMI score remained, even after correction for multiple comparisons (Fig. 3b, Supplementary Table 1).

Consistent with findings at 7 years, there was reduced cerebellar growth in females, in children born at earlier GA, and in children with higher total WMI and DNGM score (Table 3). With the exception of birth GA, all associations remained significant following correction for multiple comparisons. In infants compared with full-term controls. (a. **left panel**) Male VPT versus full-term cerebellar growth trajectories. Green spaghetti plots indicate individual male cerebellar growth, and black lines indicate 25th, 50th, and 75th percentile growth trajectories for full-term males. (a, **right panel**) Female VPT versus full-term cerebellar growth trajectories. Orange spaghetti plots indicate individual female cerebellar growth, and black lines indicate 25th, 50th, and 75th percentile growth trajectories for full-term females. (b. **left panel**) Male VPT versus full-term whole brain growth trajectories. Blue spaghetti plots indicate individual male whole brain growth, and black lines indicate 25th, 50th, and 75th percentile growth trajectories for full-term males. (b. **right panel**) Female VPT versus full-term whole brain growth trajectories. Red spaghetti plots indicate individual female whole brain growth, and black lines indicate 25th, 50th, and 75th percentile growth trajectories for full-term females. Sex differences in cerebellar and ICV growth Z-score shifts for VPT infants relative to full-term peers. \( cc \), cubic centimeters; \( FT \), full term; \( ICV \), intracranial volume; \( VPT \), very preterm.
Table 3  Associations between cerebellar volumes and perinatal factors in VPT children

<table>
<thead>
<tr>
<th>Perinatal Factor</th>
<th>TEA volume (cc)</th>
<th>7-year volume (cc)</th>
<th>Growth Z-score</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Coefficient (95% CI)</td>
<td>F</td>
<td>df</td>
</tr>
<tr>
<td>Sex</td>
<td>0.59 (−0.30, 1.48)</td>
<td>35.92</td>
<td>2,198</td>
</tr>
<tr>
<td>Birth GA</td>
<td>0.25 (0.01, 0.49)</td>
<td>37.72</td>
<td>2,198</td>
</tr>
<tr>
<td>Birth weight SDS</td>
<td>0.59 (0.13, 1.05)</td>
<td>39.13</td>
<td>2,198</td>
</tr>
<tr>
<td>IPPV</td>
<td>−0.53 (−0.85, −0.22)</td>
<td>37.38</td>
<td>2,149</td>
</tr>
<tr>
<td>Infection</td>
<td>−1.26 (−2.17, −0.35)</td>
<td>39.74</td>
<td>2,198</td>
</tr>
<tr>
<td>Total WMI score</td>
<td>−0.17 (−0.38, 0.03)</td>
<td>38.64</td>
<td>2,198</td>
</tr>
<tr>
<td>Total DNGM score</td>
<td>−1.08 (−1.52, −0.65)</td>
<td>53.78</td>
<td>2,198</td>
</tr>
<tr>
<td>IVH</td>
<td>−0.24 (−0.77, 0.30)</td>
<td>35.23</td>
<td>2,194</td>
</tr>
<tr>
<td>Postnatal corticosteroids</td>
<td>−3.22 (−4.73, −1.72)</td>
<td>46.47</td>
<td>2,197</td>
</tr>
<tr>
<td>Morphone dose</td>
<td>−0.69 (−1.36, −0.02)</td>
<td>37.56</td>
<td>2,198</td>
</tr>
</tbody>
</table>

cc, cubic centimeters; CI, confidence interval; df, degrees of freedom; DNGM, deep nuclear gray matter; GA, gestational age; IPPV, intermittent positive pressure ventilation; IVH, intraventricular hemorrhage; SDS, standard deviation score; TEA, term-equivalent age; VPT, very preterm; WMI, white matter injury.

† Log-transformed

Bold p values denote associations that are significant following FDR correction (p_{FDR} < 0.05)

Neurodevelopmental Outcomes

Analyses of cerebellar volumes at TEA demonstrated positive associations with several neurodevelopmental outcomes, including IQ, language, and motor functioning (Table 4). There were no observed associations with attention or working memory. Upon investigation of outcome subdomains, cerebellar volumes at TEA were positively associated with IQ, language, and motor function, all of which remained significant following correction for multiple comparisons (Fig. 4a, Supplementary Table 2). In both models, including IQ, language, and motor function as outcome variables adjusted for postmenstrual age at MRI and adjusting for maternal education and ICV, these associations largely were largely comparable, except for overall language ability (Fig. 4b, Supplementary Table 2). In models adjusting for maternal education and ICV, only the association with overall language ability remained significant following correction for multiple comparisons (Table 4). All associations remained significant following correction for multiple comparisons. In models adjusting for ICV, associations with sex, birth GA, total WMI score, and DNGM score all remained, even after correction for multiple comparisons (Fig. 3c, Supplementary Table 1).
Table 4  Associations between cerebellar volumes and neurodevelopmental outcomes in VPT children

<table>
<thead>
<tr>
<th>Neurodevelopmental outcome</th>
<th>7-year volume (cc)</th>
<th>F (df, p)</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-scale IQ</td>
<td>1.12 (0.64, 1.70)</td>
<td>2.16 (1, 38)</td>
<td>0.148</td>
</tr>
<tr>
<td>Performance IQ</td>
<td>1.30 (0.65, 2.00)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Verbal IQ</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
<tr>
<td>Language ability</td>
<td>1.23 (0.66, 1.70)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Expressive language</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
<tr>
<td>Attention</td>
<td>1.23 (0.66, 1.70)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Motor function</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
<tr>
<td>Balance</td>
<td>1.23 (0.66, 1.70)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Manual dexterity</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
<tr>
<td>Aiming and catching</td>
<td>1.23 (0.66, 1.70)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Attention</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
<tr>
<td>Motor function</td>
<td>1.23 (0.66, 1.70)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Balance</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
<tr>
<td>Manual dexterity</td>
<td>1.23 (0.66, 1.70)</td>
<td>2.32 (1, 38)</td>
<td>0.133</td>
</tr>
<tr>
<td>Aiming and catching</td>
<td>1.16 (0.66, 1.70)</td>
<td>2.29 (1, 38)</td>
<td>0.135</td>
</tr>
</tbody>
</table>

Discussion

This study represents the first account of cerebellar growth and long-term follow-up from infancy to 7 years in VPT children. Importantly, we demonstrate the lasting impact of early cerebellar vulnerability in children born VPT, alongside perinatal associations and 7-year neurodevelopmental correlates of cerebellar development. We report several robust associations between cerebellar growth, perinatal factors, and neurodevelopmental outcomes that remained significant following correction for multiple comparisons [IQ (F(4, 38) = 3.73, p = 0.012), FDR = 0.031], particularly performance IQ [F(4, 38) = 3.73, p = 0.012, FDR = 0.031], and IQ [IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031)] and IQ [IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031)].

For VPT males, greater cerebellar growth was associated with receptive language [F(4, 38) = 3.73, p = 0.012, FDR = 0.031] and IQ [F(4, 38) = 3.73, p = 0.012, FDR = 0.031], particularly performance IQ [F(4, 38) = 3.73, p = 0.012, FDR = 0.031], and IQ [IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031)] and IQ [IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031)].

Greater cerebellar growth in female VPT children was also associated with better overall motor function [F(4, 38) = 4.93, p = 0.003, FDR = 0.01], aiming and catching [F(4, 38) = 4.93, p = 0.003, FDR = 0.01], and manual dexterity [F(4, 38) = 4.93, p = 0.003, FDR = 0.01]. This association was observed within all three subdomains, including balance [F(4, 38) = 4.93, p = 0.003, FDR = 0.01], aiming and catching [F(4, 38) = 4.93, p = 0.003, FDR = 0.01], and manual dexterity [F(4, 38) = 4.93, p = 0.003, FDR = 0.01].

These associations largely remained in models adjusting for ICV and maternal education, although only the association with receptive language remained significant following correction for multiple comparisons [receptive language (F(4, 38) = 3.73, p = 0.012, FDR = 0.031) and IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031), particularly performance IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031), and IQ (F(4, 38) = 3.73, p = 0.012, FDR = 0.031)].

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Fig. 4  Associations of cerebellar volume and growth from TEA to 7 years with 7-year neurodevelopmental outcomes in VPT subjects. The point estimates represent the change in outcome score for every unit increase in neonatal (a) and 7-year (b) cerebellar volume (cc) and cerebellar growth Z-score (c). Results are presented based on individual linear regression models for each outcome measure adjusted for postmenstrual age at MRI and sex (black circles), and further for maternal education and ICV (blue triangles). The error bars represent the 95% confidence intervals. cC, cubic centimeters; ICV, intracranial volume; TEA, term-equivalent age.
female sex, earlier GA, WMI, and DNGM injury were significantly associated with reduced cerebellar growth in VPT children from term equivalent to age 7 years, including in models adjusting for ICV. A similar pattern of perinatal factor associations was observed for 7-year cerebellar volume. We also identified some evidence suggesting an association between postnatal corticosteroid exposure and smaller TEA cerebellar volume, although this weakened following FDR correction in models adjusting for ICV. Our findings relating to neurodevelopmental outcomes demonstrated robust associations with IQ, receptive language, and balance. While these relationships were observed for TEA cerebellar volume, they were particularly robust for 7-year cerebellar volume and growth. Results from the sex analyses further demonstrated differential relationships between cerebellar growth and neurodevelopmental outcomes in male and female VPT children. Our study findings should be interpreted as exploratory, warranting further and confirmatory analysis.

Preterm Cerebellar Development from Infancy to 7 Years

Our findings of smaller cerebellar volume in VPT compared with full-term infants are consistent with previous reports in infancy [8–16] and later development [3–6]. We demonstrate novel evidence for reduced cerebellar growth in VPT
compared with full-term children from TEA to 7 years, corroborating earlier reports of cerebellar maturation [17]. For VPT infants, critical phases of cerebellar growth take place in the neonatal intensive care unit, where very early exposure to life ex utero can disrupt the highly regulated processes that govern cerebellar development [35], likely leading to the volumetric and growth impairments observed in this study. Postulated mechanisms for these alterations in VPT children include decreased expansion of cerebellar granule cells, possibly as a consequence of reduced sonic hedgehog (SHH) expression [36], in addition to secondary effects from supratentorial brain injury with secondary Wallerian degeneration and mechanisms associated with perinatal risk factors unrelated to obvious destructive parenchymal disease [2]. Our findings further indicate differential cerebellar maturational trajectories in VPT females and males relative to full-term peers, with reduced growth particularly evident in VPT females by 7 years; in part not surprising given larger cerebellums are typically observed in males [21].

Direct mechanisms for cerebellar underdevelopment are also implicated. These commonly involve a prominent hemorrhagic component, resulting in cerebellar atrophy and subsequent growth failure [37]. A role for germinal matrix bleeding within the subpial external granular cell layer has been proposed [2], with cerebellar hemorrhage frequently occurring, and sharing similar etiologic factors, with IVH [38]. Of note, overlapping incidences of cerebellar hemorrhage and high-grade IVH were observed in our cohort. Importantly, cerebellar hemorrhage has been previously shown to be associated with abnormal neurological outcomes in preschool children born preterm [39]. However, we were unable to assess these relationships due to the relatively low rate of cerebellar hemorrhage in our cohort, possibly due to missed incidences of small cerebellar hemorrhages below the spatial resolution of our $T_2$ sequence, or hemorrhages that may have resolved without sequela by the time of the MRI scan. Nonetheless, to confirm that our observations of reduced cerebellar volume in VPT subjects were unrelated to direct cerebellar injury, we performed a sensitivity analysis excluding subjects with cerebellar abnormality, which did not change our main conclusions.

Perinatal Associations

Although there appeared to be some overlap in perinatal factor associations with cerebellar volume at TEA and 7 years, we identified factors that were associated with cerebellar volume and growth between TEA and 7 years, primarily, postnatal corticosteroids for TEA volume; and female sex, earlier GA at birth, WMI, and DNGM injury for 7-year volume, and cerebellar growth.

Our observed association between postnatal corticosteroid exposure and TEA cerebellar volume is in line with reports documenting the immature cerebellum’s vulnerability to postnatal glucocorticoids [40]. While not surprising given the high concentration of glucocorticoid receptors in the cerebellum [41], this association weakened following correction for multiple comparisons in models adjusted for ICV, and further did not persist into early childhood, suggesting that postnatal corticosteroid exposure may not explain the observed alterations in cerebellar developmental trajectories. Increasing morphine dose, prolonged IPPV, infection, and birth weight SDS were associated with smaller neonatal cerebellar volume. However, with the exception of morphine dose, these relationships weakened following adjustment for ICV, and none were evident at age 7 years. Morphine has been previously shown to be associated with reduced neonatal cerebellar volume and adverse neurodevelopmental outcomes [42], although median cumulative doses were much higher in that study than in our cohort, indicating a possible dose-response effect.

The observed relationship between GA at birth and cerebellar volume at age 7 years and cerebellar growth suggests greater deviations from normal maturational trajectories in infants born at earlier gestational ages. Interestingly, this appeared to be the case for female VPT children in particular. Sex has been postulated to influence the mechanisms by which the developing brain is affected, with males appearing to be particularly vulnerable to the deleterious effects of VPT birth [22]. It may be that our findings reflect cerebellar catch-up growth as a potential over-compensatory, albeit aberrant, response to VPT birth. This growth “overdrive” may in turn contribute to the constellation of adverse outcomes more commonly observed in male VPT survivors.

Neonatal WMI was associated with 7-year cerebellar volume, consistent with previous work highlighting the potentially deleterious impact of early supratentorial injury on later cerebellar development [9–11, 43]. WMI was further related to reduced cerebellar growth, albeit not independently. These associations have been postulated to be due to disrupted trophic interactions via reciprocal cerebro-cerebellar and cerebello-cerebral white matter pathways [9, 44]. Based on this hypothesis, injury to the cerebrum during a developmentally vulnerable period may lead to inadequate wiring and poor trophic interaction with the cerebellum, and ultimately cerebellar underdevelopment. Similarly, primary cerebellar abnormality would lead to altered cerebral development. Although WMI was related to cerebellar development, we did not find an independent effect of IVH on cerebellar volumes or growth. This differs from other reports [13] and may relate in part to the relative infrequency of high-grade IVH in our cohort, and/or the large association of immaturity with IVH.

The observed association with DNGM injury is also not surprising given the cerebellum is connected via extensive mono- and polysynaptic pathways to key subcortical centers including the hippocampus, amygdala, hypothalamus, basal ganglia, thalamus, and brainstem [45, 46]. In particular, there
is a growing body of evidence implicating the existence of functionally integrated networks linking the cerebellum, basal ganglia, and thalamic nuclei [47, 48]. These pathways likely contribute to cerebellar growth and development and may provide some of the neurobiological underpinnings for the cognitive deficits observed following cerebellar dysfunction.

**Neurodevelopmental Outcomes**

We found positive associations between cerebellar development and both motor and cognitive outcomes, consistent with the growing body of evidence highlighting the cerebellum’s role beyond motor control [49]. Notably, 7-year volumes and growth were more commonly associated with neurodevelopmental outcomes than TEA volumes. In particular, cerebellar volume at 7-years and cerebellar growth were both highly associated with IQ, language, and balance, even after controlling for ICV and maternal education; with the most robust findings relating to IQ, receptive language, and balance. In contrast, covariate adjustment weakened most relationships between TEA volumes and outcomes. We have previously shown that cerebral tissue volumes at TEA were more strongly associated with language and motor outcome than 7-year volumes or growth during this period [50]. These contrasting findings highlight the cerebellum’s protracted developmental vulnerability and allude to the emergence of clinical consequences that may be unique to cerebellar maturational disruption beyond the neonatal period. We must also consider the implications of controlling for ICV and the associated difficulties in interpreting our findings. While this approach is commonly used in region-of-interest volumetric analyses to minimize confounding [51], it is important to consider whether ICV or cerebellar volume is the more likely predictor of neurodevelopmental outcomes, and further how they may relate to each other along a common causal pathway given the evidence for crossed trophic interactions between the cerebellum and cerebrum [9, 16]. Results from our secondary analyses adjusted for ICV support the concept of selective cerebellar vulnerability being associated with functional outcomes in VPT children. However, it is plausible that cerebellar vulnerability contributes to ICV changes in VPT children via impaired cerebello-cerebral pathways. Furthermore, it has been argued that removing all variance associated with head size may remove important volumetric differences related to protective or compensatory mechanisms [52]. In the current study, we therefore report findings from both an ICV-adjusted and unadjusted analysis, with the aim of providing answers to different, complementary questions [53].

Recent work by Lee and colleagues failed to find similar cerebellar volume associations with 4-year outcomes [17], suggesting the consequences of early cerebellar deficits may not be evident until later in childhood. While some aspects of development and performance at age 4 years should be reasonably aligned with performance at age 7, such as for example motor performance and related developmental coordination disorders [54], differences within IQ, language complexity, and attention are more likely to be detected later in childhood, coinciding with the expanded and increasing academic and cognitive demands associated with school age. Importantly, assessment of these aspects of development is limited in early childhood. Indeed, Lee et al. report cerebellar development associations with a limited set of neurodevelopmental outcomes at age 4, restricted to measures of full-scale IQ assessed using the Wechsler Abbreviated Scale of Intelligence, and visual motor integration, visual perception, and motor coordination assessed using the Beery-Buktenica Test of Visual Motor Integration. While it is possible that the differences between our findings, particularly for IQ and motor coordination, are due to Lee et al.’s developmental assessments in early childhood lacking the sensitivity to detect impairments [55], they may also be due to the relatively small sample size of their study (only 41 VPT children with MRI data at the 4-year follow-up compared with 114 in our study). Other existing studies have largely reported cross-sectional findings of cerebellar volumetric deficits in infancy and childhood, primarily in association with WMI, IVH, and/or cerebellar injury [10, 39, 56, 57]. Our findings thus provide the first account of longitudinal cerebellar growth associations with neurodevelopmental impairment that appear to be independent of cerebral growth. We postulate that early cerebellar disruption in the VPT infant sets in motion an altered growth trajectory that is associated with adverse neurodevelopmental consequences emerging later in childhood. We have previously demonstrated, using diffusion tensor tractography, a potential role for alterations at the microstructural level in mediating this relationship [44].

This study highlights an important role for cerebellar maturation in shaping the course of early motor and cognitive development in VPT infants, particularly for balance coordination, general intelligence, and receptive language. Our findings for the former are in line with the cerebellum’s well-established role in balance and postural control. Indeed, patients with cerebellar injury commonly present with balance and gait disturbances [58]. Interestingly, however, in a previous study of adolescents (14–15 years) born VPT [3], no association was demonstrated between cerebellar volume and any motor neurological signs, which was postulated by the authors to reflect developmental plasticity of the cerebellum and its cortico-cerebellar circuits and functional compensation over time [3, 59]. It is possible that our observed relationships with motor function reflect an earlier developmental window before such functional compensation has taken place. Our findings for IQ are consistent with previous work suggesting a relationship between smaller cerebellar size and lower general intelligence in adolescents born VPT [3, 6]. In line with evolutionary theory, human intelligence and cognitive ability
have been postulated to be attributed, at least in part, to the phylogenetic increase in cerebellar size, particularly the striking lateral expansion of the cerebellar hemispheres in hominoids [60, 61].

Similarly, the cerebellum’s evolutionary expansion has been proposed to be a preadaptation for language ability [60]. Indeed, the cerebellum’s role in language has been extensively studied in healthy subjects and in lesion studies (see [62] for a review). Furthermore, various aspects of language impairment are included in the cerebellar cognitive affective syndrome (CCAS), a characteristic pattern of cognitive deficits observed following cerebellar injury [59, 63]. However, less is known about these relationships in preterm cohorts. Two studies in preterm children with cerebellar hemorrhage have reported language deficits in association with vermis injury [56], and with hemispheric injury and impaired contralateral cerebral growth [57]. Similar relationships were also observed with vermis injury in term-born infants [4]. While these studies reported receptive and expressive language deficits, associations were only evident for receptive language in our cohort, potentially due to volumetric reductions in our cohort that are independent of cerebellar injury. Indeed, different mechanisms have been proposed to underlie indirect and direct cerebellar abnormality in the preterm infant [2].

Exploration of sex differences in outcome associations with cerebellar growth demonstrated different patterns of vulnerability for males and females. Male sex is a well-established risk factor for poor neurodevelopmental outcome in preterm infants [64] and in line with this, VPT females had consistently higher average scores than VPT males across all outcomes. However, full-term females also consistently scored better than full-term males. In VPT females, reduced cerebellar growth was associated with impairments in receptive language, IQ, particularly verbal IQ, and general motor ability; while for VPT males, unexpectedly, reduced cerebellar growth was only associated with impairments in receptive language and IQ, particularly performance IQ. Of note, the most robust association between cerebellar growth and outcome in our sex analysis was observed for receptive language in VPT female children. We postulate that these sex-specific vulnerabilities may be a consequence of sex differences in divergence from expected cerebellar developmental trajectories. Further studies may better establish the nature and implications of sexual dimorphism in cerebellar development.

Limitations

Despite our study strengths, our findings need to be considered with respect to some limitations, including those inherent to longitudinal studies. For example, manual versus automated cerebellar segmentation approaches were used for TEA and 7-year time-points, respectively, as these approaches are optimized to provide the most accurate volumetric analysis for each time-point. While we attempted to minimize potential sources of bias by manual inspection and editing of automated volumes, we accept that there may be systematic differences resulting from the two approaches. Due to inevitable MRI advances over the course of longitudinal studies, different acquisition software and hardware were also used at TEA and 7 years. Additionally, neonatal scans were acquired using varying slice thickness, with the larger thicknesses potentially resulting in partial volume errors, particularly at boundaries with similar signal intensity such as at the borders of cerebellum and cerebrum. Furthermore, given the highly foliulated nature of the cerebellum, larger slice thicknesses may limit detection of subtle structural alterations within very thin gyri and sulci, although this is a limitation inherent to currently available cerebellar volumetric approaches and present even in adult studies [65]. The contribution of such partial volume effects to our findings thus cannot be excluded; however, their potential overall influence on the observed between-group differences is likely minimized by the relatively large size of the cerebellum. While clinical characteristics largely did not differ between participants with useable MRI data and those without, the possibility of selection bias or confounding due to participant dropout also cannot be excluded. Although we analyzed cerebellar growth and its associations with neurodevelopmental outcomes separately in males and females, we were underpowered to detect interactions. Future work focusing on delineating these complex interactions is nonetheless warranted, given increasing evidence of sex differences in cerebellar structure and function [21, 66, 67]. Finally, we acknowledge the need for caution in interpreting our findings pertaining to associations with total brain injury scores, as such composite measures may not capture differences in the relative importance of individual injury scores.

Conclusion

Our finding that smaller cerebellar volume at TEA persists to 7 years highlights the cerebellum’s vulnerability to long-term maturational disruption following VPT birth, with deleterious functional consequences. Our findings further suggest that specific perinatal factors may confer time-dependent cerebellar vulnerability. The differing associations observed between cerebellar volume and postnatal corticosteroid exposure, sex, GA, WMI, and DNGM injury from TEA to 7 years highlight the importance of longitudinal investigation of preterm infants for delineating clinically important relationships that may be unapparent early in development. Similarly, these investigations have the potential to elucidate the long-term significance of associations only present early in life. Importantly, our findings that reduced cerebellar volumes and growth were associated with poorer 7-year IQ and language, in addition to motor performance, add to the growing body of literature shifting attention to the cerebellum as a new frontier for
interrogating the neurobiological underpinnings of cognitive impairment in preterm infants.

Acknowledgements The authors gratefully thank Merilyn Bear for recruitment, Michael Keen and the radiographers at Melbourne Children’s MRI Centre, and the VIBeS and Developmental Imaging groups at the Murdoch Children’s Research Institute for their ideas and support, as well as the families and children who participated in this study. We also gratefully acknowledge Sara Cherkertzian for statistical input, and the contributions of Richard Beare, Divyen Shah, and Zobra Ahmadzai who generated the infant and 7-year cerebellar volumes.

Funding This work was supported by Australia’s National Health and Medical Research Council (Centre for Clinical Research Excellence 546519 to LD, PA, and TI; Centre for Research Excellence 1060733 to LD, PA, and DT; Project grants 237117 to TI and LD, 491209 to PA, TI, LD, and DT; Senior Research Fellowship 1081288 to PA; Career Development Fellowship 1085754 to DT; Early Career Fellowship 1012236 to DT; Career Development Fellowship 1127984 to KJL), National Institutes of Health (HD058056), United Cerebral Palsy of Pennsylvania, The Developing Vision Foundation, the Brown Foundation (USA), and the Victorian Government’s Operational Infrastructure Support Program. This work was further conducted with support from Harvard Catalyst | The Harvard Clinical and Translational Science Center (National Center for Advancing Translational Sciences, NIH Award UL1 TR001102) and financial contributions from Harvard University and its affiliated academic healthcare centers.

Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

Ethical Approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. All phases of the study were approved by the Human Research Ethics Committees at The Royal Women’s Hospital and The Royal Children’s Hospital, Melbourne, Australia.

Informed Consent Parental written informed consent was obtained for all individual participants included in the study.

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